

Ashby Netball Club isn't just a netball club, it's a movement.

We're a powerhouse of passion, progress, and purpose, where players of all ages and abilities come together to chase goals, both on and off the court. Whether you're lacing up for the first time, returning after a break, or dreaming of a Roses future, Ashby is where you'll find your people.

Based in Ashby de la Zouch, we pride ourselves on creating a welcoming, supportive environment where everyone can grow, compete, connect, and most of all, belong.

From breaking world records to breaking down barriers, we're proud to be a club that celebrates every journey, pushes boundaries, and makes space for something truly special to happen through the sport we love.

Welcome to the first edition of "Off the Post" Your inside look at the heart of Ashby Netball Club. Let's celebrate what makes us proud and powerful, together.

Guinness World Record Holders!

We've officially received our confirmation to say that we are now Guinness World Record Holders following the successful netball marathon earlier this year for most goals scored by a team in 3 minutes.



Our Guest Coach

We had an amazing experience learning from one of the best! We want to say a HUGE thank you to Alice for joining us on court.

The Commitee

MEET THE COMMITEE



ASHBY
NETBALL CLUB

We raised £60K for Kids Village in February!

MEET OUR GUEST COACH

Future Roses
• Nations England
• Caps: 9
• Positions: Goal Keeper
• Height: 190cm
• Club: Loughborough Lightning

Purple Training
Wednesday 8th of October
7:30-9:00pm at John Taylor Free School

Yellow/Blue Training
Friday 17th of October
5:00pm-7:30pm (Leanne School)

ASHBY
NETBALL CLUB

Alice Harvey
Lightning and Roses
player



MEET THE TITANS

Division 3 of the Senior East Midlands
Regional League

Team Captain = Katie Baker
Vice Captain = Nikki Shales



Winter 2025 | Issue 1

Line up; Beth Mawson, Emma Rusted, Ffion Vickory, Gracie Coymes, Holly Smith, Jodi Farmer, Lauren Falk, Philippa Tivey, Rachel Craft, Sarah Bowen, Jess Eyden, Sophie Adams, Verity Baker. Holly Smith is our youngest regional player who joined us and debuted at 16 years old, has now turned 17 but is a clear force to be reckoned with!

Meet our Ashby Academy
Superstars in the next issue!

Award Winners

We recently won a National One Award for Netball Club of the Year from England Netball & a National One Award for our Club Secretary in the Unsung Hero Category. Such an amazing evening!



Podcast

We're here to shine a spotlight on the sport we love, celebrating players, coaches, fans, and communities who make netball what it is. Whether you're a junior player, a seasoned coach, or a dedicated sideline cheerleader, this is your audio home. Listen via the website.

Walking Netball

Walking Netball is a slower-paced version of the game - no running or jumping. It's low-impact and joint-friendly, making it perfect for improving cardiovascular health, strength, flexibility, balance, and coordination. Socially, it offers genuine connection - friendly group settings, teamwork, and a great sense of belonging.

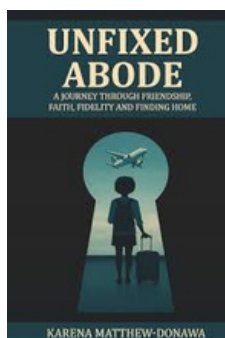


Regular sessions
starting in October



Club Shoutout

Congratulations to teammate Karina on releasing her debut book *Unfixed Abode: A Journey Through Friendship, Faith, Fidelity and Finding Home*. Available on [Amazon](#). An inspiring read – well done, Karina!



Netball Her Initiative

Proud supporters of England Netball's 'Netball Her' – empowering women and girls through the game.



Her Game. For Life

Upcoming Events

- 🎄 Christmas Parties at Ashby Rugby Club
- Juniors: Mon 15 Dec
 - Seniors, Mixed & Walking: Thu 18 Dec

Next Issue

Meet our Ashby Academy Superstars
Behind The Scenes of our Christmas Party
Netball Aid Update - Did they break the record?

Contact Us

Club Chairperson: Carla Garey
Club Secretary: Angela Stevens
Club Treasurer: Nikki Shales
Club Safeguarding Lead: Holly Powel
Head Coach: Victoria Lane

Email: ashby.netball.club@gmail.com
Call: [07989 985401](tel:07989985401)

Supporting Netball Aid

Ashby Netball Club is backing Netball Aid as they attempt to break our 60-minute goals world record!

Watch for updates and rivalry fun between Defenders vs Contenders!



🎫 Reserve stand tickets:
ashby.netball.club@gmail.com

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A big shoutout to our amazing sponsors!

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Want To Be Featured?

Do you have a story to share? We'd love to hear from you! Send us an email.

Maybe you'd like to be in our next player Q&A? Let us know!